

MON (MEXICAN)



Burrito Recipe



Esquites

TUES (ITALIAN)



Chicken Piccata



Caprese Kabobs

WED (BRINNER)



Biscuits & Gravy Casserole



Peach Smoothie

THUR (OTHER CUISINE)



Sheet Pan Sausage & Veggies



Italian Bread

FRI (DATE NIGHT)



ENJOY A NIGHT OUT OR EAT LEFTOVERS!

WEEKEND



Slow Cooker Pork Chops



Cheesy Zucchini Casserole

DESSERT



Banana Bars

TIP OF THE WEEK:

Bean Burritos can be an excellent food item to make ahead (after gobbing them up for dinner first)! To prep these burritos for storage you'll want to wrap each burrito in plastic wrap, and then refrigerate. Place them in an airtight container in the fridge for up to a week. To Freeze, wrap each burrito again with aluminum foil. The foil-wrapped burritos will last for up to 6 months in the freezer. To reheat in the microwave remove the foil and plastic wrap. Use a fork to poke a few holes in the tortilla. Wrap in a damp paper towel, defrost if frozen, and then heat for 1-2 minutes or until hot.

Click on the photos for recipes or search on lilluna.com

