WEEKLY MEAL PLAN #115



MON (MEXICAN)

TUES (ITALIAN)

WED (BRINNER)

THUR (OTHER CUISINE)



Steak Tacos



Mango Salsa



Spaghetti Pie



Olive Garden Breadsticks



Crispy Waffles



Baked Eggs



Rice-a-Roni Chicken Salad Brussel Sprout Salad











Pot Roast Recipe



Oven Roasted Red Potatoes

DESSERT



Cowboy Cookies

TIP OF THE WEEK:

Waffles are on the menu this week and we want to make sure you get the perfect crispy texture. First, do NOT overfill the waffle iron. Second, separate the yolk from the whites. Mix the yolk into the batter. In a separate bowl, beat the whites until stiff then fold them into the mixed batter. Lastly, ignore your waffle maker's lights. Don't let flickering lights tell you when to check your waffle. Instead, let steam be your guide. Don't open your waffle maker until there is no more steam.

Click on the photos for recipes or search on lilluna.com

