

MON (MEXICAN)



Chicken Flautas



Bean Dip

TUES (ITALIAN)



Sun-Dried Tomato Pasta



Wedge Salad

WED (BRINNER)



French Toast Sticks



Fruit Kabobs

THUR (OTHER CUISINE)



Chicken Divan



Crock Pot Rice

FRI (DATE NIGHT)



ENJOY A NIGHT OUT
OR EAT LEFTOVERS!

WEEKEND



Zucchini Boats



Garlic Knots

DESSERT



Key Lime Pie Bars

TIP OF THE WEEK:
We're obsessed with chicken flautas in our house and we know you will be too this week, but do they have to be fried? We think frying yields the best crunch, but if you're looking to skip the hot oil and make it a little healthier, use the air fryer! Spray the air fryer basket with cooking spray. Place seam side down, in the basket. Be sure they are not touching. Cook at 400°F for 6-7 minutes. Flip them halfway through.

Click on the photos for recipes
or search on lilluna.com

