

MON (MEXICAN)



Tostada Recipe



Fresh Salsa Recipe

TUES (LEFTOVERS)



Skinny Chicken Parmesan



Asparagus Salad

WED (BRINNER)



Omelette



Peanut Butter  
Banana Smoothie

THUR (OTHER CUISINE)



Chicken Lettuce Wraps



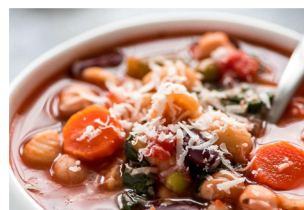
Cauliflower Rice

FRI (DATE NIGHT)



ENJOY A NIGHT OUT  
OR EAT LEFTOVERS!

WEEKEND



Minestrone Soup



Homemade Naan

DESSERT



Dessert Parfait

TIP OF THE WEEK:

One of our favorite salsas is on the menu this week! When making this we prefer to use roma tomatoes, these contain less moisture than other types, which will keep the salsa from being runny. You will need 6 Roma tomatoes – no need to peel. For a more tomato-y flavor, add a 14 oz can of diced tomatoes (drained). When using fresh tomatoes you may remove the seeds, but this is not necessary. To deseed a tomato simply cut it into quarters and slice out the center.

Click on the photos for recipes or search on [lilluna.com](http://lilluna.com)

