

MON (MEXICAN)



Loaded Nachos



Simple Guacamole

TUES (LEFTOVERS)



Healthy Flatbread Pizzas



Cucumber Tomato Salad

WED (BRINNER)



Protein Pancakes



Baked Eggs

THUR (OTHER CUISINE)



Porcupine Meatballs



Roasted Green Beans

FRI (DATE NIGHT)



ENJOY A NIGHT OUT
OR EAT LEFTOVERS!

WEEKEND



Crock Pot Baked Potato Soup



Broccoli Cauliflower Salad

DESSERT



Cherry Dump Cake

TIP OF THE WEEK:

Are your nights too busy to make a full dinner? Try making the meatballs this week ahead of time! You can easily freeze these meatballs to make for another day, put the prepared meatballs on a cookie sheet or a plate, and cover with plastic wrap. Put them in the freezer for a couple of hours until frozen solid. Then you can transfer them to a freezer plastic bag. Keep in the freezer until you want to cook and serve them!

Click on the photos for recipes or search on lilluna.com

