

MON (MEXICAN)



Carnitas Tacos



Salsa Verde

TUES (ITALIAN)



Chicken Piccata



Quick Caprese Salad

WED (BRINNER)



Frittata



Cranberry Orange Muffins

THUR (OTHER CUISINE)



Chicken Dumpling Soup



Brussel Sprout Salad

FRI (DATE NIGHT)



ENJOY A NIGHT OUT
OR EAT LEFTOVERS!

WEEKEND



Easy Swedish Meatballs



Grilled Asparagus

DESSERT



Ginger Cookies

TIP OF THE WEEK:

Breakfast for dinner this week is a delicious frittata! It is similar to a quiche or an omelette, but cooked slightly different. With a frittata, egg and fillings are mixed together in a cast iron skillet. It is started on the stove top then finishes cooking in the oven. It's important to note that any mix-ins need to be sautéed before adding it to the egg mixture, especially ones with a high water content like tomatoes, fresh veggies or meat.

Click on the photos for recipes
or search on lilluna.com