

MON (MEXICAN)

Mexican Soup

TUES (ITALIAN)

Baked Ziti

WED (BRINNER)

Breakfast Sandwich

THUR (OTHER CUISINE)

Coconut Curry Chicken

FRI (DATE NIGHT)

WEEKEND

Crockpot Pork Roast

SIDES

Homemade Naan Bread

Hasselback Potatoes

DESSERT

Cherry Bars

SHOPPING LIST

PRODUCE

- Green Bell Pepper (1/2)
- Red Bell Pepper (1/2)
- Avocado, optional
- Yellow Onion (1/2)
- Carrots (3)
- Russet Potatoes (6)

GRAINS/BREAD

- Ziti Pasta (8 oz)
- English Muffins (4)

SPICES

- Onion Powder (1 tsp)
- Cumin (1 Tbsp)
- Garlic Salt (1 tsp)
- Salt
- Pepper
- Italian Seasoning (1 tsp)
- Basil, fresh
- Garlic, minced (2 cloves + 2 tsp)
- Yellow Curry Powder (3 Tbsp)
- Chives, fresh

CANNED GOODS

- Kidney Beans (15 oz)
- Whole Kernel Corn (1 cup)
- Stewed Tomatoes (14.5 oz)
- Green Chiles (4 oz)
- Chicken Broth (29 oz + 3 cup)
- Marinara Sauce (6 oz)
- Diced Tomatoes (7 oz)
- Coconut Milk (14 oz)
- Whole Berry Cranberry Sauce (8 oz)

MEAT/PROTEIN

- Chicken Breast Halves (3 breasts + 1 lb)
- Hamburger (1/4 lb)
- Mild Italian Sausage (1/4 lb)
- Eggs (9)
- Sausage Patties (4)
- Bacon (18 slices)
- Pork Sirloin Roast (1 1/2 lb)

DAIRY

- Cream Cheese (2 oz)
- Sour Cream (1/4 cup)
- Fresh Mozzarella (8 oz)
- Cheddar Cheese, sliced (4)
- Cheddar Cheese (4 oz)
- Butter (1/2 cup + 3 Tbsp)
- Plain Yogurt (1/4 cup)
- Parmesan Cheese, grated (1/4 cup)
- Milk (1 Tbsp)

PANTRY ITEMS

- Oil (1 Tbsp)
- Brown Sugar (2 Tbsp)
- Flour (4 1/2 cup + 1 Tbsp)
- Instant Yeast (2 tsp)
- Sugar (1 cup + 1 tsp)
- Olive Oil (3 Tbsp)
- Italian Dressing (1/2 cup)
- Vanilla (1/2 tsp)
- Baking Powder (3/4 tsp)
- Powdered Sugar (1/2 cup)

OTHER

- Red Curry Paste (1 1/2 Tbsp)
- Fish Sauce (1 tsp)
- Dry Onion Soup Mix (1/2 pkg)
- Cherry Pie Filling (10.5 oz)
- Almond Extract (1/4 tsp)

TIP OF THE WEEK:

We love pairing a good smoothie with our "Brinners". This week is Breakfast Sandwiches, which are the perfect companions for a refreshing smoothie. Some favorites include our **Peach Mango Smoothie**, **Strawberry Banana Smoothie** and our **Green Smoothie!** Check all of our smoothie recipes out **HERE**.

NOTES:

Click for the recipes or search on lilluna.com