



WEEKLY MEAL PLAN #63

SERVES 4-6

MON (MEXICAN)

Sheet Pan Chicken Fajitas

TUES (ITALIAN)

Spaghetti Aglio E Olio

WED (BRINNER)

Apple Muffins and
Scrambled Eggs

THUR (OTHER CUISINE)

Porcupine Meatballs

FRI (DATE NIGHT)

WEEKEND

Buttery Baked Chicken

SIDES

Crockpot Spanish Rice

Waldorf Salad

DESSERT

Brown Butter Rice
Krispie Treats

SHOPPING LIST

PRODUCE

White Onion (1 onion + 1/2 cup)
Bell Peppers (3 cup)
Apples (3)
Cilantro, optional (6 stems)
Spring Salad Mix (6 cup)
Celery (2 stalks)
Red Grapes (1 cup)

GRAINS/BREAD

Tortillas, corn or flour (8)
Spaghetti (1 lb)
Minute Rice (1/2 cup)
Long Grain Rice (2 cup)
Rice Krispies (8 cups)

SPICES

Chili Powder (1 Tbsp)
Cumin (1 tsp)
Garlic, minced (10 cloves + 1 tsp)
Salt
Pepper
Red Pepper Flakes (1/4 tsp)
Parsley (1/4 cup)
Cinnamon (1 tsp)
Celery Salt (1/2 tsp)
Garlic Powder (1/8 tsp)
Garlic Salt with Parsley (1 tsp)
Sea Salt (1 tsp)

CANNED GOODS

Tomato Sauce (15 oz)
Tomato Sauce (8 oz)
Evaporated Milk (12 oz)
Cream of Chicken Soup (1)
Chicken Broth (4 cup)

MEAT/PROTEIN

Chicken Breasts (1 lb + 4 breasts)
Eggs (9)
Ground Beef (1 lb)
Chicken, cooked (2 cup)

DAIRY

Parmesan Cheese, grated (1 cup)
Butter (1 cup + 3 Tbsp)
Milk (1/2 cup)
Heavy Whipping Cream (1/8 cup)
Shredded Cheese, your choice (1/2 cup)
Unsalted Butter (1/2 cup)

PANTRY ITEMS

Vegetable Oil (1/2 cup + 2 Tbsp)
Olive Oil (1/3 cup)
Sugar (1 1/2 cup)
Flour (2 1/4 cup + 3 Tbsp)
Vanilla Extract (1 tsp)
Baking Powder (2 tsp)
Brown Sugar (2 Tbsp)

OTHER

Lime Juice (3 Tbsp)
Worcestershire Sauce (2 Tbsp + 2 tsp)
Fajita Toppings (Ex: avocados, pico de gallo, limes, cheese, cilantro, sour cream, etc.)
Walnuts (3/4 cup)
Blue Cheese Crumbles (1/4 cup)
Poppyseed Dressing
Miniature Marshmallows (16 oz)

Brown Butter Rice Krispie Treats are a fun twist on the classic. The smell of that browned butter.... mmmm! A few other favorite Rice Krispie Treat recipes include chocolate, caramel, fruity, holiday themed, and of course, the classic! Check them all out [HERE!](#)



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TIP OF THE WEEK:

Possibly our best loved recipe is our [Spanish Rice!](#) This week's side is a crock pot version of the wildly popular original recipe. Pro-tip: Make sure to use the rice that the recipe calls for - white long grain. Different types of rice may not cook according to the recipe directions. This rice also freezes really well. So make a big batch and save the extras for another meal another day!