

MON (MEXICAN)

Green Chile Burritos

TUES (ITALIAN)

Cheesy Garlic Tortellini Pasta

WED (BRINNER)

Crescent Roll Breakfast Casserole

THUR (OTHER CUISINE)

Rice-a-Roni Chicken Salad Sandwiches

FRI (DATE NIGHT)

WEEKEND

Sweet and Sour Pork

SIDES

Potato Rolls

Ramen Noodle Salad

DESSERT

Easy Apple Crisp

SHOPPING LIST

PRODUCE

Green Bell Pepper (1)
Napa Cabbage (1 head)
Apples (5)

GRAINS/BREAD

Tortillas
Cheese Tortellini (20 oz)
Chicken Rice-a-Roni (1 box)
King's Hawaiian Sweet Rolls
(unless using homemade rolls)
Rice, cooked (4 cup)
Ramen Noodles + seasoning (2 bags)
Quick Cooking Oats (1/2 cup)

SPICES

Garlic, minced (2 tsp)
Salt
Pepper
Parsley, fresh (2 tsp)
Italian Seasoning (1/2 tsp)
Lemon Pepper
Paprika (1 tsp)
Sesame Seeds (2 Tbsp)
Cinnamon (1/2 tsp)

CANNED GOODS

505 Green Chile Sauce (1-2 cup)
Chicken Broth (1 cup)
Pineapple Chunks (15 oz)

MEAT/PROTEIN

Chuck Roast (1)
Pork Sausage (1/2 lb)
Eggs (6)
Chicken, cooked & shredded (1 cup)
Pork Steak (1 lb)

DAIRY

Butter (3/4 cup + 1 Tbsp)
Milk (2 cup)
Parmesan Cheese, grated (1/2 cup)
Mozzarella Cheese (1 cup)
Cheddar Cheese (1 cup)

PANTRY ITEMS

Flour (4 - 5 1/2 cup + 5 Tbsp)
Mayonnaise (1/2 cup)
Shortening (1 Tbsp)
Soy Sauce (1 Tbsp)
Brown Sugar (1/2 cup + 3 Tbsp)
Cornstarch (2 Tbsp)
Vinegar (1/3 cup + 2 Tbsp)
Vegetable Oil (1/3 cup)
Sugar (3/4 cup + 2 Tbsp)
Active Dry Yeast (2 1/4 tsp)
Baking Powder (1/8 tsp)
Baking Soda (1/8 tsp)

OTHER

Italian Dressing Mix (1 Tbsp)
Ranch Dressing Mix (1 Tbsp)
Brown Gravy Dry Mix (1 Tbsp)
Crescent Roll Dough (1 package)
Worcestershire Sauce (1 tsp)
Slivered Almonds (1/4 cup)
Prepared Mashed Potatoes (1/2 cup)

Pro tip: We love to make these Green Chile Burritos the day after having a pot roast. The leftover roast works perfect inside the burros. Other yummy additions to add inside your burritos are **refried beans** or **pico de gallo**.

TIP OF THE WEEK:

Keep things simple, if you need, and use store-bought rolls to serve the Rice-a-Roni Chicken Salad. We just LOVE to eat the chicken salad on homemade rolls. A few other favorite roll recipes that you can use (if you wanted to swap out the Potato Rolls) are our **Homemade Dinner Rolls**, **Crescent Rolls** or **Yeast Dinner Rolls**. All are simple recipes to follow and would make an excellent sandwich bun!



Click for the recipes or search on lilluna.com