WEEKLY MEAL PLAN #72



SERVES 4-6

MON (MEXICAN)

Crockpot Chicken Enchilada Soup

TUES (ITALIAN)

Creamy Sausage Penne Bake

WED (BRINNER)

Cream Cheese French Toast Bake

THUR (OTHER CUISINE)

Roasted Turkey

FRI (DATE NIGHT)

WEEKEND

Thanksgiving Leftover Casserole

SIDES

Mashed Sweet Potatoes

Traditional Homemade Stuffing

DESSERT

Pecan Pie Bars



SHOPPING LIST

PRODUCE

Corn (2/3 cup) Celery (7-8 stalks) Onion (1-2) Carrots (4-5) Apples (2-3) Potatoes (3)

Sweet Potatoes (6)

Cumin (1 1/2 Tbsp)

GRAINS/BREAD

Instant Rice (2/3 cup)
Penne Pasta (12 oz)
Sourdough Bread (1 loaf)
Stuffing Cubes (3 cup)

SPICES

Chili Powder (1 Tbsp) Onion Powder (1 tsp) Garlic Powder (2 tsp) Salt Pepper Garlic Salt with Parsley Flakes (1 tsp) Oregano (1/2 tsp) Basil (1/2 tsp) Cinnamon (1 tsp) Garlic, minced (2 cloves + 1 tsp) Granulated Garlic (1 Tbsp) Kosher Salt (2 tsp) Poultry Seasoning (1/2 tsp) Rubbed Sage (1/8 tsp) Nutmeg (1/2 tsp) Basil (2 tsp) Parsley, fresh (1/4 cup)

CANNED GOODS

Sage, fresh (1/2 Tbsp)

Rosemary (1/4 Tbsp)

Thyme, fresh (1/2 Tbsp)

(2) Chicken Broth (14.5 oz + 4-5 cups)
(2) Mild Green Enchilada Sauce (15 oz)
(2) Diced Green Chiles (4 oz)
Tomato Sauce (15 oz)
Diced Tomatoes (14.5 oz)
Tomato Paste (6 oz)
Cream of Chicken Soup (1)

MEAT/PROTEIN

Chicken Breasts, cooked (4)
Mild Italian Sausage (1 lb)
Eggs (9)
Turkey, thawed (1)
Turkey, cooked (2 cup)

DAIRY

Cream Cheese (20 oz)
Monterrey Jack Cheese
Mozzarella Cheese (2 cup)
Milk (1 cup)
Butter (2 cup + 1 Tbsp)
Compound Butter (3 Tbsp)
Sour Cream (3/4 cup)
Cheddar Cheese, shredded (1 1/2 - 2 cup)
Half and Half (1 cup)
Unsalted Butter (3/4 cup)

PANTRY ITEMS

Olive Oil (2 tsp)
Powdered Sugar (1 Tbsp)
Vanilla Extract (1/2 tsp)
Sugar `(1 1/2 cup + 2/3 cup)
Flour (2 1/4 cup)
Brown Sugar (1/4 cup)
Vanilla Extract (1 Tbsp + 1 1/2 tsp)
Molasses (1 cup)
Dijon Mustard (2 Tbsp)
Light Corn Syrup (1 cup)

OTHER

Maple Syrup (1/4 cup)
Pecans, chopped (2 1/2 cup)



TIP OF THE WEEK:

Pecan Pie Bars are an easy variation of the real deal. They also freeze really well, so you can make them days in advance! Take them out of the freezer and bring to room temp... they'll taste fresh as can be. Takes a little stress away from all the baking on Thanksgiving Day. Don't forget to try our Pecan Pie recipe as well as our Pecan Pie Cheesecake & Mini Pecan Pies! Click HERE for even more Thanksgiving pies and desserts.

Still building your Thanksgiving menu for this week? We have everything you need to finish planning for the big day -- from appetizers to desserts to all the sides. Check them out HERE!