WEEKLY MEAL PLAN #76



SERVES 4-6

MON (MEXICAN)

Chicken Flautas

TUES (ITALIAN)

Crock Pot Chicken Alfredo

WED (BRINNER)

Christmas Pancakes

THUR (OTHER CUISINE)

Swedish Meatballs

FRI (DATE NIGHT)

WEEKEND

Ham and Potato Casserole

SIDES

Spinach Artichoke Dip

Christmas Tree Veggie Platter

DESSERT

Yule Log Cake



SHOPPING LIST

PRODUCE

Strawberries (12)
Frozen Chopped Spinach (5 oz)
Broccoli (1 crown)
Sugar Snap Peas (1 cup)
Cherry Tomatoes (1 cup)
Yellow Bell Peppers (1)

GRAINS/BREAD

Flour Tortillas (6) Fettuccine (8 oz) Bread Crumbs (1/2 cup) Corn Flakes (1-2 cup)

SPICES

Garlic Salt with Parsley Flakes Salt Pepper Garlic, minced (3 tsp) Parsley, garnish Onion Powder (2 Tbsp + 1/2 tsp) White Pepper (1/4 tsp)

CANNED GOODS

Salsa (1/4 cup)
Diced Green Chiles (2 oz)
Chicken Broth (1 1/2 cup)
Beef Broth (2 cup)
Cream of Chicken (1/2 can)
Artichoke Hearts (7 oz)

MEAT/PROTEIN

Chicken, cooked (1 1/2 cup)
Chicken Breasts (2)
Egg (7)
Ground Beef (1/2 lb)
Ground Pork (1/2 lb)
Cubed Ham (3/4 cup)

DAIRY

Mexican Blend Cheese (1/2 cup)
Whole Milk (1 1/2)
Heavy Whipping Cream (1 1/4 cup)
Parmesan Cheese, shredded (2 cup)
Milk (3 cup + 2 Tbsp)
Sour Cream (2 cup)
Butter (1 cup)
Cheddar Cheese, shredded (1 cup)
Cream Cheese (4 oz)
Mascarpone Cheese (1/3 cup)

PANTRY ITEMS

Vegetable Oil (1/3 cup+)
Olive Oil (1 Tbsp)
Flour (2 1/4 cup + 5 Tbsp)
Sugar (1 cup)
Baking Powder (4 tsp)
Vanilla (3 tsp)
Mayonnaise (2 Tbsp + 2 tsp)
Powdered Sugar (2 cup)
Cocoa Powder (1/2 cup + 1 1/2 Tbsp)

OTHER

Flauta Toppings (Ex: shredded lettuce, chopped tomatoes, green salsa, guacamole, Cilantro Ranch dressing) Christmas Sprinkles (1/4 cup) Whipped Cream Frozen Diced Hash Browns (16 oz) Semi-sweet Chocolate Chips (1 cup)

TIP OF THE WEEK:



The Yule Log cake is a CLASSIC Christmas dessert. It does require some time and effort! However, while there are many steps to complete, the steps are very simple and straightforward. The difficulty level is not high, but it does require a bit of time. So plan accordingly when preparing for this timeless and festive dessert. If time and effort is not something you have right now, keep it simple and still tasty with our Eggnog Milkshakes!;)

Still need help figuring out your Christmas dinner? Let us help! Check out our **BEST Christmas Dinner ideas HERE!**