

**MON (MEXICAN)**

Green Enchilada Pork Chili

**TUES (ITALIAN)**

Chicken Tetrazzini

**WED (BRINNER)**

Toad in the Hole

**THUR (OTHER CUISINE)**

Hot Dog Nuggets

**FRI (DATE NIGHT)**

**WEEKEND**

Baked Chicken Wings

**SIDES**

Jalapeno Poppers

Roasted Broccoli

**DESSERT**

Turtle Cheesecake

**SHOPPING LIST**

**PRODUCE**

Jalapenos (10-12)  
Broccoli (3 crowns)

**GRAINS/BREAD**

Linguine (8 oz)  
Bread (6 slices)  
Bread Crumbs (1 cup)

**SPICES**

Garlic, minced (5 tsp)  
Onion Powder (1 tsp)  
Salt  
Pepper  
Garlic Salt with Parsley Flakes (1 1/2 tsp)

**CANNED GOODS**

Pinto Beans (30 oz)  
Green Salsa (16 oz)  
Chicken Broth (14.5 oz + 1/4 cup)  
Corn (1 can)  
Cream of Chicken Soup (1)

**MEAT/PROTEIN**

Pork Tenderloin (1 1/2 lb)  
Chicken Breast, cooked (2)  
Eggs (10)  
Hot Dogs (5)  
Chicken Wings (4 lb)

**DAIRY**

Butter (1/4 cup + 6 Tbsp)  
Sour Cream (1 cup)  
Parmesan Cheese, grated (1 cup + 1 Tbsp)  
Mozzarella Cheese (1 cup)  
Cream Cheese (40 oz)  
Cheddar Cheese (1 cup)  
Milk (1 cup)  
Heavy Whipping Cream (1/4 cup + 2 Tbsp)

**PANTRY ITEMS**

Flour (2 1/4 cup + 1 tsp)  
Vegetable Oil, for frying  
Olive Oil (1/2 cup)  
Brown Sugar (2/3 cup)  
Sugar (1 cup)  
Vanilla Extract (2 tsp)

**OTHER**

Italian Dressing (1/4 cup)  
Soup Toppings (Ex: sour cream, cheese, tortilla strips, cilantro, etc.)  
Crescent Rolls (1 can)  
Ketchup & Mustard, for dipping  
Dipping Sauces (Ex: buffalo, teriyaki, bbq)  
Lemon Juice (2 Tbsp)  
Pecans, chopped (2/3 cup + 2 Tbsp)  
Milk Chocolate Chips (1 cup)  
Caramel Sauce (1/4 cup+)



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**TIP OF THE WEEK:**

As 2022 comes to a close, we all can find reason to reflect and celebrate another year of life! We've got tons of yummy appetizers, finger foods, dips, and drinks that would be perfect for a New Year's celebration! Find our favorite party foods [HERE](#) and our favorite holiday drinks [HERE](#)! Wishing you all a Happy New Year. Here's to 2023!!